

**Assignment 1**  
**(Tutor Marked Assignment)**

**Course Code: DECE-1**  
**Assignment Code: DECE-1/TMA-1/2026**  
**30th September 2026 for January 2026 session**  
**30th March 2027 for July 2026 session**  
**Total Marks: 100**

All Three Sections – A, B and C of this assignment are compulsory.

**SECTION A**

**Answer all questions of Section A.**

**60 Marks**

1. (a) Explain how heredity and environment influence the physical and motor development of child?  
(300 words = 3 marks)  
(b) State the milestones of gross motor development in the age group birth to one year? (4 marks)
2. Describe one activity each for fostering the abilities in the following areas of development in three-year-old children.  
(a) Language development  
(b) Social development  
(c) Cognitive development  
  
For each activity, mention its goals, material(s) required, if any and procedure to carry out the activity.  
(300 words per activity; 4x3=12 marks)
3. (a) Explain the terms stranger anxiety and separation anxiety?  
(b) How can parents foster the development of altruism and empathy in children?  
(200 words + 400 words = 3+5= 8 marks)
4. Explain any two styles of parental behaviour. Discuss how each style of parental behaviour influences the child's personality.  
(500 words; 5 marks)
5. (a) Explain the different ways in which story telling fosters the development of children during preschool years?  
(b) State any three play-way activities you can organize with preschoolers to help them develop a concept of time?  
(400 words + 400 words; 4 + 4=8 marks)
6. a) Explain the importance of participation of the family and the community for the success of a child care programme.  
b) Explain any three ways of involving the parents in the activities of the child care centre?  
(400 words + 400 words; 4 + 4=8 marks)
7. Differentiate between the following in about 250 words each.  
(a) Self-esteem and self-concept  
(b) Matching and classification activities  
(d) Dramatic play and dramatization  
(4x3=12 marks)

## SECTION B

**20 Marks**

In this Section you have to do any one of the Practical Exercises related to observing children. Choose any exercise out of Exercises 4, 6 and 7 described in the practical Manual of this Course i.e., DECE-1 and submit it to the counselor for evaluation.

It would be useful for you if you were to do all the three exercises. This would give you practice in observing children, recording your observations and interpreting them. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The marking instructions for the exercises are as follows

### **Exercise 4**

**Total marks: 20**

#### **Break-up of marks:**

Observing the child and the parents and recording the observations 10

Analysis of observations and conclusions 10

### **Exercise 6 Total marks:**

**20**

#### **Break-up of marks:**

Observing the child and recording the observations 10

Analysis of observations and conclusions 10

### **Exercise 7 Total marks: 20**

#### **Break-up of marks:**

Carrying out activities related to matching and conservation and recording observations 5+5

Analysis of observations and conclusions related to matching and conservation 5+5

## SECTION C

**20 Marks**

In this Section you have to do any one of the Practical Exercises related to planning play activities for children and conducting them. These are Practical Exercise number 5, 8 and 9, described in the Practical Manual of this course i.e., DECE-1. Choose any one of the exercises and submit it to the counselor for evaluation.

It would be useful for you if you were to do all the three exercises. This would give you practice in planning and organizing play activities. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The marking instructions for the exercises are as follows:

### **Exercise 5**

**Total marks: 20**

#### **Break-up of marks:**

Playing with the infant with the toy that has been made, and recording the observations	10
Evaluating the play activity and writing the conclusions	10

### **Exercise 8**

**Total marks: 20**

#### **Break-up of marks:**

Planning the two activities	5+5
Carrying out the two activities and analyzing and evaluating them	5+5

**Total marks: 20**

### **Exercise 9**

#### **Break-up of marks:**

Describing the festival	2
Suggesting re-organization of the room	6
Scheduling activities over a week	6
Brief description of scheduled activities	6

**Assignment 2**  
(Tutor Marked Assignment)

Course Code: DECE-2  
Assignment Code: DECE-2/TMA-2/2026  
**Total Marks: 100**

**Late date of submission of assignment to the study centre:**  
**30<sup>th</sup> September 2026 for January 2026 session**  
**30<sup>th</sup> March 2027 for July 2026 session**

**All three sections - A, B and C of this assignment are compulsory.**

SECTION A

**Answer all questions of Section A**

**60 marks**

1. Explain how the concept of health has changed over the years and describe its various dimensions. (500 words) (5 marks).
2. List the major sources and functions of any two vitamins and two minerals.

(800 words; 12 Marks = 3 marks per nutrient)

3. Suggest a balanced day's menu for a 3 year old child, stating what the child will eat at breakfast, mid morning, lunch, mid-afternoon and dinner. Also state what nutrient the toddler will get from each food item mentioned in the menu at different times in the day.

(500 words; 5 marks per meal = 20).

4. Write about the immediate care of a newborn and minor disorders. (300 + 300 words) 3+3= 6 marks
5. Explain how to use mid upper arm circumference for growth monitoring

(500 words each; 5 marks).

6. Write about any one food supplementation programme (400 words; 4 marks)

7. Write about the symptoms, causes and treatment of any two of the following:

(300 words each; 4 x2 = 8 marks)

a. Scabies

b. Earache

## **SECTION B**

**20 Marks**

**In this Section you have to do either Exercise 2 or Exercise 3 given in the Practical Manual of this Course, i.e. DECE-2.**

It would be useful for you to do both these Practical Exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself. In case the total marks for an Exercise are more than 20 in the practical manual, the evaluator will grade the exercise and convert the total marks from 20.

## **SECTION C**

**20 Marks**

**In this Section you are required to do any one Exercise out of Exercise 5, 6 or 7 given in the Practical Manual of this Course, i.e. DECE-2.**

It would be useful for you to do both these practical exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself. In case the total marks for an Exercise are more than 20 in the practical manual, the evaluator will grade the exercise and convert the total marks from 20.

**Assignment 3**  
(Tutor Marked Assignment)

Course Code: DECE-3  
Assignment Code: DECE-3/TMA-3/2026  
**Total Marks: 100**

**Late date of submission of assignment to the study centre:**  
**30<sup>th</sup> September, 2026 for January, 2026 session**  
**30<sup>th</sup> March, 2027 for July, 2026 session**

**All Three Sections- A, B and C of this assignment are compulsory.**

**SECTION A**

**60 marks**

1. Explain each of the below mentioned in 500 words each:
  - a) Special Education
  - b) Basic concepts of educational philosophy of Maria Montessori
  - c) Features of kindergarten (3x5=15 marks)
2. Discuss about the rationale behind the approach of community based rehabilitation?  
(500 words: 5 marks)
3. a. Describe the features and characteristics of a child with mental retardation  
(600 words: 6 marks)
4. Describe three societal attitudes that come in the way of child's adjustment to the disability.  
(500 words: 5 marks)
5. a. What do you understand by the terms:
  - i) Lip reading ii) Finger spelling  
b. Describe the negative effects of labelling a child with disability.  
(300 words each: 4+4= 8 marks)
6. Write about each of the following in 500 words each.
  - a. Components of effective communication (5x2=10 marks)
  - b. Communication Aids

7. a. Explain the woman-to-woman strategy of communication and the principles upon which it is based. (500 words; 5 marks)
- b. State two messages that you can transmit through this strategy. (6 marks)

## SECTION B

20 Marks

**In this Section, you have to do any one exercise from among exercises 1, 2, 9 or 10 given in the Practical Manual of this Course, i.e. DECE-3.**

It would be useful for you to do all these practical exercises. You may then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself.

## SECTION C

20 Marks

**In this Section, you have to do any one exercise from among exercises 6, 7 or 8 given in the Practical Manual of this Course, i.e. DECE-3.**

It would be useful for you to do all these practical exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself.